

## ST THOMAS MORE SCHOOL CRISIS MANAGEMENT PROGRAM

A committee was formed in November 1994 to identify the needs of our school in a number of emergency situations. Their task was to prepare a plan for the safety and security of the students and staff during an earthquake or other natural disaster. The committee felt it was necessary to have each family prepare a COMFORT KIT for each of their children. The food items are suggestions, you may choose what your child likes, but keep in mind that under stressful conditions our bodies require extra amounts of protein and sugar. Some salt is important, however, too much will cause excessive thirst when water may be limited. A short letter of comfort should explain that you are unable to get to school right now because of the existing emergency. Reassure your child that you will be there as soon as you can. Remind them that the teachers and staff will stay with them for as long as is necessary. Your child's comfort kit will be sent home at the end of each school year. In the Fall, replace the perishable food items and batteries, and return your child's kit to school. We hope that there will never be a need to use these kits, but we need to be prepared.

### COMFORT KIT MASTER LIST

#### These items **MUST** be in your child's kit:

Comfort letter & family photo	Stocking cap
Small flashlight w/batteries	Pair of socks
Large plastic garbage bag	Two plastic spoons
Space blanket	

#### Suggestions for Food Items:

2 small (pull tab) cans of juice	Box of raisins	Cheese & crackers
Beef Jerky	Crackers	Fruit Snacks
Fruit cup (pull tab)	Granola Bar	Pudding (pull tab)
Gum	Vienna Sausage (pull tab)	Hard Candy
(please no peanut/nut products)		

#### Optional Items:

Small game or book	Pack of towelettes
Feminine needs	Mittens
Girls' tights (for added warmth under skirts)	Kleenex

All items must fit into a **one gallon CLOSED ziplock bag**. This kit is intended to provide comfort to your child for up to 72 hours.

It is **VERY IMPORTANT THAT EVERY CHILD** have one of these kits at school. These kits should be labeled with your child's name and grade using a permanent marker. All items enclosed should be in non-breakable containers to prevent damage to the entire contents of the kit.